



ITDA Group International Inc. Ltd.

ITDA Training Support
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 Add your Country Support below

Standards Sheet & Training Guide

Scuba Open Water Diver Program

Training Materials and Time needed for Study to obtain ITDA Academic Credit(s)

Theory	Description	Where to obtain	Credit(s)	Contact	Other	Total Hours
Resort Diver	Self Study	*ITDA web	0.5	0		4 hours
Skills	Instructor Classes	Training Facility	1.5	8-10 hours		10 hours
					Self Study	4 hours
					Contact	10 hours
					Practical Skills	6 hours
					Total	20 hours

Student Name / Ref: _____ Date: _____

Instructor/Trainer: _____ Date: _____

Practical Training and Time needed for Exercises to obtain ITDA Experience Credit(s)

Date / Time:	Skill Required	Comfort Level	Pass Grade	Grade Achieved	Score / Marks
	Pre Skills Comfort		3		
	Regulator Breathing		3		
	UW Swimming		3		
	Reg Skills Set		3		
	Buoyancy + Weights		3		
	Mask Skills Set		3		
	Position / Comfort		3		
	Ascents		3		
	Descents		3		
	Rescue Skills		3		
				Final Grade	

Supervising Instructor **MUST** sign off all training for certification.

Instructor/Trainer: _____ Pass / Fail? Date: _____ Signed _____

ITDA Group ID No. _____ Assistant Name & Number: _____